

OPERATING HOURS AND CONTACT INFORMATION

Mon-Fri : 9:00 A.M. to 6:00 P.M.
Sat : 9:00 A.M. to 1:00 P.M.

Address: Block 267 Bukit Batok East Avenue 4
#01-206 Singapore 534194

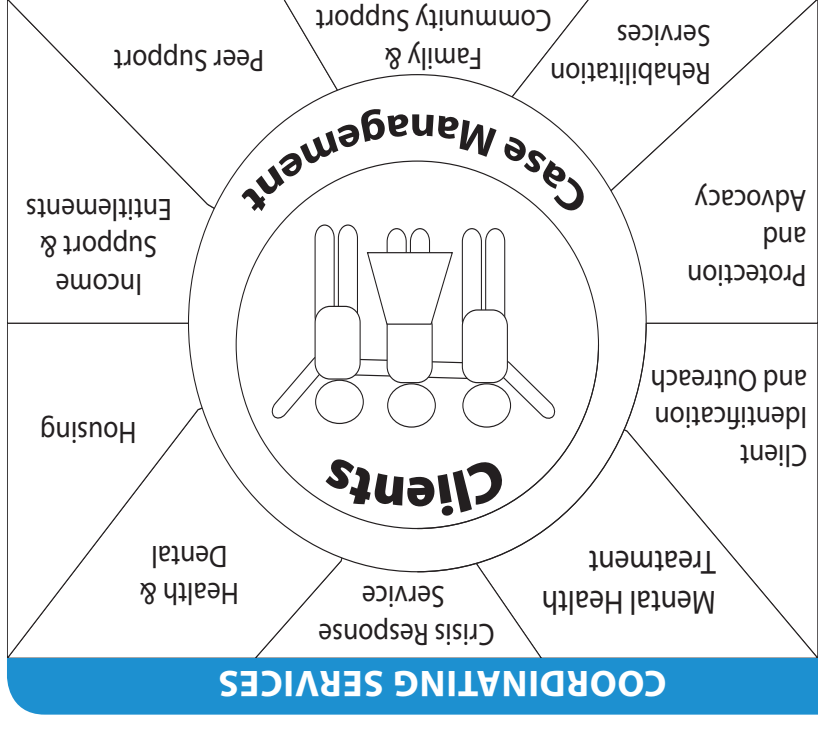
Contact: 6562-4881

COMMUNITY REHABILITATION AND SUPPORT SERVICE

A SERVICE TO HELP PERSONS WITH PSYCHIATRIC DISABILITIES



A joint project of the
NATIONAL COUNCIL OF SOCIAL SERVICE and
SINGAPORE ANGLICAN COMMUNITY SERVICES



WHO CAN BENEFIT FROM THE SERVICES?

CRSS is recommended for individuals with psychiatric disabilities between the ages of 18 to 60, and their respective caregivers. The service is beneficial for individuals who are not presently engaged in any rehabilitation programmes, or are not engaged in any meaningful activities. The programme will also benefit individuals who require social support in the community.

WHAT IS THIS PROGRAMME ABOUT?

The mission of the Community Rehabilitation and Support Service (CRSS) is to assess and engage individuals with psychiatric illness in rehabilitation counselling, so as to identify needs and provide relevant medical, social, vocational, and support services in their natural living settings. The CRSS programme aims to maximise these individuals' ability to function in daily life, and to enable them to live an independent and meaningful life in the community.

WHAT ARE THE SERVICES PROVIDED?

- Through an individualised Rehabilitation Plan, the professional staff provides:
- Education in medication such as illness management, medication compliance and referral;
- Training in ADL, social, and problem solving skills to facilitate community reintegration; Support in the areas of employment and education;
- Linkages to relevant services;
- Psycho-education and crisis management for support groups/caregivers.

HOW DOES ONE PARTICIPATE IN THE PROGRAMME?

The following organisations will be able to make referrals to the CRSS programme:

- Psychiatric Rehabilitation Centres
- Family Service Centres
- Schools / Hospitals / Polyclinics
- General Practitioners and Private Psychiatrists

HOW MUCH DOES THE SERVICE COST?

A fee will be charged for this service, subject to means testing. Waiver available on a case-by-case basis.

WORKING IN TANDEM TOWARDS RECOVERY

